



**L.A. CADA C.A.R.E.S.**

- Collaborating
- Advocating
- Referring
- Educating
- Supporting



Outpatient Programs and Community Services

# ANGER MANAGEMENT

L.A. CADA teaches chill skills that really work in this court-approved program of stress reduction, coping skills education, and anger management counseling.

**Includes:**

- Certified Instructor
- Certificate of completion awarded
- 26-week program; one session per week
  - Tuesdays 9:00 am - 10:30 am
  - Wednesdays 6:00 pm - 7:30 pm
  - Saturdays 11:00 am - 12:30 pm
- Fees: \$25 one-time registration  
\$15 per session

**CLASS LOCATIONS:**

**Santa Fe Springs  
Outpatient Services**  
11015 Bloomfield Ave.  
Santa Fe Springs, CA 90670  
ph 562.906.2686  
*(English and Spanish)*

**Downtown  
Outpatient Services**  
470 E. 3rd St., Suite A & B  
Los Angeles, CA 90013  
ph 213.626.6411  
*(English and Spanish)*

*For additional information, please contact locations.*

